



PRODUCED IN A NUT



FREE FACILITY



Tia Maria is a brand of Bagelinos LLC

BAKED BEEF & POTATO EMPANADAS

HEAT AND SERVE

Nutrition Facts		
24 servings per container		
Serving size 1 Empanada (113g)		
Amount per serving		
Calories		390
% Daily Value*		
Total fat	26g	34%
Saturated Fat	7g	37%
Trans Fat	0g	
Cholesterol	35mg	12%
Sodium	310mg	13%
Total Carbohydrate	25g	9%
Dietary Fiber	1g	5%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	14g	
Vitamin D	0.0mcg	0%
Calcium	25mg	2%
Iron	2.6mg	15%
Potassium	227mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

HEATING INSTRUCTIONS:

For best results Thaw Empanadas.

Place Empanada on a sheet pan and heat at 375°F for 8-10 minutes or until internal temperature of the products reaches 165°F measured by a calibrated food thermometer.

General Specifications

Code # B24-4010

Pack: 24/3.75 OZ

Kosher: No

Shelf Life: 365 days frozen.

4 Days Refrigerated

Status: 2 Weeks Order 1 PALLET MINIMUM

INGREDIENTS:

Filling: Ground Beef, Potatoes, Onions, Celery, Brown Rice, Potatoes, Carrots, Soy Flour, Kosher Salt, water, Chipotle Peppers [Chipotle Pepper, Tomato, Water, Onions, Soybean Oil, Sugar, Iodized Salt, Vinegar, Garlic, Paprika and Spices], Garlic Powder, Cumin, Black Peppers, Paprika, Cayenne Peppers, Soy Oil. **Contains:** Soy.

Crust: Flour 0000 (Wheat), Water, Margarine (Interesterified Palm Oil, Water, Refined Soybean Oil, Salt, Mono & Diglycerides, Potassium Sorbate, Citric Acid, Bht, Natural Butter Flavor, Turmeric and Annatto [Color]), Salt, Preservative: Calcium Propionate, Preservative: Potassium Sorbate, Acidifier: Citric Acid. Egg Wash. **Contains:** Wheat, Soy.

ALLERGENS: Wheat, Eggs, Soy.

Case Specifications

Dimensions: 14 X 12.5 X 3

Per Pallet: 180 CASES / 4320 UNITS

Case Weight: 5.625 Lbs.

Tier x Height: 9 x 20

Pack: 24 Empanadas, 3.75 OZ each

Storage: Keep Frozen

