



PRODUCED IN A NUT



FREE FACILITY



Tia Maria is a brand of Bagelinos LLC

BAKED BLACK BEAN CHEESE & SALSA EMPANADAS

HEAT AND SERVE

Nutrition Facts	
about 24 servings per container	
Serving size 1 Empanada (106g)	
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 460mg	20%
Total Carbohydrate 34g	12%
Dietary Fiber 4g	14%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0.3mcg	2%
Calcium 100mg	8%
Iron 1.1mg	6%
Potassium 200mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

HEATING INSTRUCTIONS:

Place empanada on a sheet pan and heat in oven at 375°F for 8-10 minutes or until internal temperature of the products reaches 165°F measured by a calibrated food thermometer.



General Specifications

Code # B24-7403

Pack: 24/3.75 OZ (106g)

Kosher: No

Shelf Life: 365 days frozen.

10 Days Shelf Life When stored at 40F or Below

Status: 2 Weeks Order 1 PALLET MINIMUM

INGREDIENTS:

Filling: : Black Beans (Black Beans, Water, Salt, Calcium Chloride, Ferrous Gluconate), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes, Annatto (Color), Potato Starch, Corn Starch, Dextrose, Calcium Sulfate Added to Prevent Caking), Cut Corn, Salsa (Tomato Pure (Water, Tomato paste), Tomatoes, Peppers, Vinegar, Dehydrated Onion, Salt, Jalapeño Peppers, Dehydrated Garlic, Citric Acid, Cilantro, Red Pepper), Salt, Chipotle Peppers (Tomato, Water , Onion, Soybean Oil, Sugar, Iodized Salt, Vinegar, Garlic, Paprika and Spices), Garlic Powder, Cumin, Black Peppers, Paprika, Cayenne Peppers.

Crust: Flour 0000 (Wheat), Water, Margarine (Interesterified Palm Oil, Water, Refined Soybean Oil, Salt, Mono & Diglycerides, Potassium Sorbate, Citric Acid, Bht, Natural Butter Flavor, Turmeric and Annatto [Color]), Salt, Preservative: Calcium Propionate, Preservative: Potassium Sorbate, Acidifier: Citric Acid. Egg Wash. **Contains** Wheat, Soy.

ALLERGENS: Wheat, Milk, Eggs, Soy.

Case Specifications

Dimensions: 14 X 12.5 X 3

Per Pallet: 180 CASES / 4320 UNITS

Case Net Weight: 5.625 Lbs.

Tier x Height: 9 x 20

Pack: 24 Empanadas, 3.75 OZ (106g) each

Storage: Keep Frozen

