









Tia Maria is a brand of Bagelinos LLC

BAKED BEEF EMPANADAS

HEAT AND SERVE

Nutrition F	acts
24 servings per container	
Serving size 1 Empana	ada (113g)
Amount Per Serving	
Calories	270
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 470mg	20%
Total Carbohydrate 36g	13%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0.72mg	4%
Potassium 0mg	0%
Vitamin A	2%
Vitamin C	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

HEATING INSTRUCTIONS:

For best results Thaw Empanadas.

Place Empanada on a sheet pan and heat at 375°F for 8-10 minutes or until internal temperature of the products reaches 165°F measured by a calibrated food thermometer.



General Specifications

Code # B24-3101 Pack: 24/3.75 OZ Kosher: No

Shelf Life: 365 days frozen.

10 Days Shelf Life When stored at 40F or Below Status: 2 Weeks Order 1 PALLET MINIMUM

INGREDIENTS:

Filling: Beef (Beef, Water, Salt, Spices) Onions, Celery, Brown Rice, Potatoes, Carrots, Soy Flour, Kosher Salt, Water, Chipotle peppers (Chipotle pepper, Tomato, Water, onions, soybean oil, Sugar, Iodized Salt, Vinegar, Garlic, Paprika and Spices), Garlic Powder, Cumin, Black Peppers, Paprika, Cayenne Peppers, Soy Oil.

Crust: Flour 0000 (Wheat), Water, Margarine (Interesterified Palm Oil, Water, Refined Soybean Oil, Salt, Mono & Diglycerides, Potassium Sorbate, Citric Acid, Bht, Natural Butter Flavor, Turmeric and Annatto [Color]), Salt, Egg Wash. Preservative: Calcium Propionate, Preservative: Potassium Sorbate, Acidifier: Citric Acid. Egg Wash. Contains: Wheat and Eggs.

ALLERGENS: Wheat, Egg, Soy.

Case Specifications
Dimensions: 14 X 12.5 X 3

Per Pallet: 180 CASES / 4320 UNITS

Case Weight: 5.625 Lbs. Tier x Height: 9 x 20

Pack: 24 Empanadas, 3.75 OZ each

Storage: Keep Frozen

